

Understanding your gMG symptoms: Face, mouth & throat

AChR=acetylcholine receptor; gMG=generalized myasthenia gravis



What is generalized myasthenia gravis (gMG)?



A **rare, autoimmune, neuromuscular condition** that causes muscle weakness and fatigue

Estimated to affect
as many as
60,000
people in the U.S.

~85%
of people living with
gMG have **anti-AChR
antibody positive gMG**

Some people living with gMG **may experience symptoms related to the face, mouth, and throat more often** than other symptoms. **This may include difficulty with:**



Chewing



Swallowing



Talking

By understanding and tracking your symptoms, you can get a sense of how they change over time.



Talk to your doctor about your symptom score on the Myasthenia Gravis Activities of Daily Living (MG-ADL) scale and share what you want to work towards with your treatment plan.

What is the MG-ADL scale? It's a tool that helps you measure the impact of gMG on daily functions. You assign a score to 8 common signs or symptoms of gMG based on how you're feeling that day. Scores range from 0 to 3—a score of 0 represents normal function and a score of 3 represents the loss of ability to perform that function. Total scores range from 0 to 24 points, with a higher score showing more severe gMG.

MG-ADL=Myasthenia Gravis Activities of Daily Living
Visit [VYVGART.com/glossary](https://www.vyvgart.com/glossary) for a glossary of terms.

This is 1 of 4 guides about different groups of gMG symptoms, and is for educational purposes only. VYVGART for intravenous (IV) infusion and VYVGART Hytrulo for subcutaneous injection have not been proven to treat a specific symptom or group of symptoms.

Find all 4 guides at
[gMGsymptoms.com](https://www.gMGsymptoms.com)

SELECT IMPORTANT SAFETY INFORMATION

Do not take VYVGART if you are allergic to efgartigimod alfa or any of the ingredients in VYVGART. Do not take VYVGART HYTRULO if you are allergic to efgartigimod alfa, hyaluronidase, or any of the ingredients in VYVGART HYTRULO. VYVGART or VYVGART HYTRULO can cause serious allergic reactions and a decrease in blood pressure leading to fainting.

Please see Important Safety Information throughout. Please see full Prescribing and Patient Information for VYVGART HYTRULO for subcutaneous injection and full Prescribing Information for VYVGART for IV infusion.

If you're experiencing symptoms affecting the face, mouth, and throat muscles, you're not alone



Some people with these symptoms may experience **changes to their voice**, like sounding **hoarse** or more **nasal** than normal

These symptoms
**aren't the same
for everyone**

~60%

of people with MG
**experience these types
of symptoms** at some point

Please let your doctor know if you are experiencing any of these symptoms.



“My online classes for my master's degree had a lot of **interacting on video calls**. And when you can't speak, that's really hard to manage.”

Griselda*

*Living with anti-AChR
antibody positive gMG*

Looking for ways to discuss your gMG symptoms and treatment goals with your doctor?



Find resources on [VYVGART.com](https://www.vyvgart.com)

SELECT IMPORTANT SAFETY INFORMATION

VYVGART or VYVGART HYTRULO can cause side effects which can be serious, including infection. VYVGART or VYVGART HYTRULO may increase the risk of infection. If you have an active infection, your healthcare provider should delay your treatment with VYVGART or VYVGART HYTRULO until your infection is gone. Tell your healthcare provider right away if you get any of the following signs and symptoms of an infection: fever; chills; frequent and painful urination; cough; pain and blockage of nasal passages; wheezing; shortness of breath; sore throat; excess phlegm; nasal discharge.

Please see Important Safety Information throughout. Please see full [Prescribing and Patient Information](#) for VYVGART HYTRULO for subcutaneous injection and full [Prescribing Information](#) for VYVGART for IV infusion.



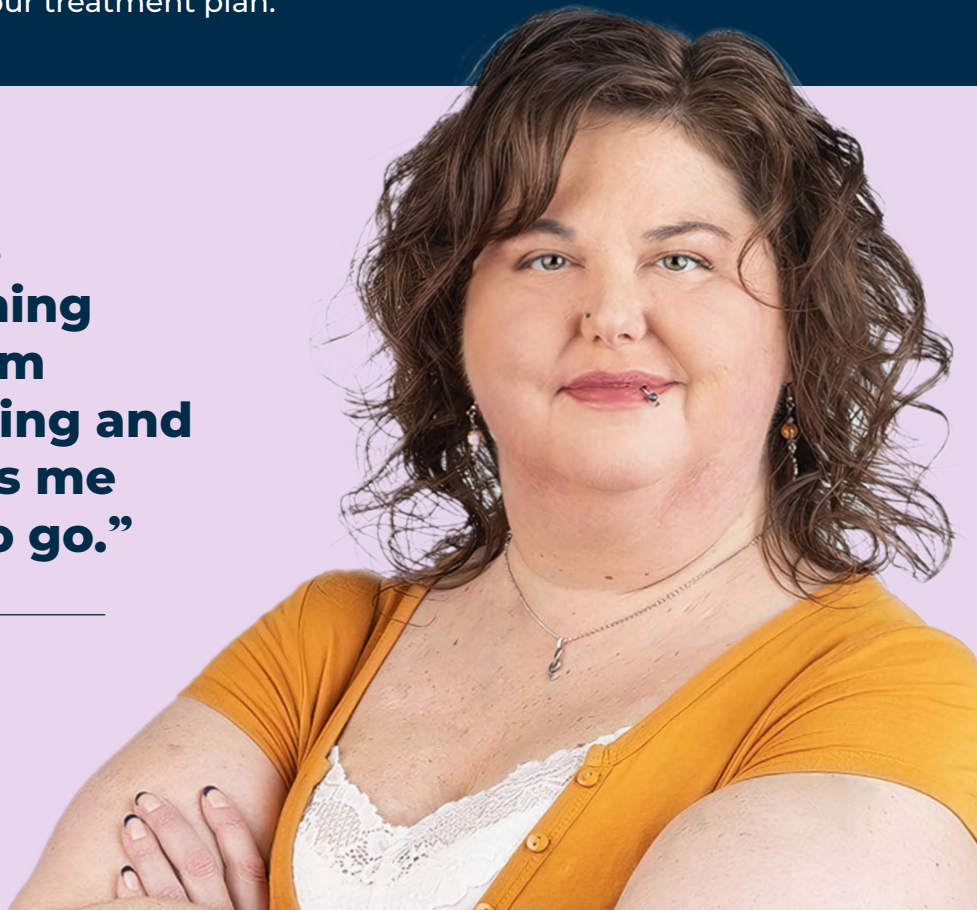
How do your gMG symptoms affect the things that **matter most to you**?

Is there something you would get back to doing if your gMG symptoms and daily abilities could be improved? Talking about your goals and your gMG symptoms with your doctor may help inform your treatment plan.

“**Going out to eat has always been a big thing with my friends. If I'm worried about chewing and swallowing, it makes me too self-conscious to go.**”

Katie*

Living with anti-AChR antibody positive gMG



Download the goal-setting worksheet to help you define a Personal Ability Goal and share it with your doctor

You can also use the interactive symptom tracking tool to get your Myasthenia Gravis Activities of Daily Living (MG-ADL) symptom score.

SELECT IMPORTANT SAFETY INFORMATION

VYVGART or VYVGART HYTRULO can cause side effects which can be serious, including allergic reactions (hypersensitivity reactions). VYVGART or VYVGART HYTRULO can cause allergic reactions that can be severe. These reactions can happen during, shortly after, or weeks after your VYVGART infusion or VYVGART HYTRULO injection. Tell your healthcare provider or get emergency help right away if you have any of the following symptoms of an allergic reaction with VYVGART or VYVGART HYTRULO: rash; swelling of the face, lips, throat, or tongue; shortness of breath; trouble breathing; low blood pressure; fainting. An additional symptom of an allergic reaction with VYVGART HYTRULO can include hives.

Please see Important Safety Information throughout. Please see full Prescribing and Patient Information for VYVGART HYTRULO for subcutaneous injection and full Prescribing Information for VYVGART for IV infusion.

IMPORTANT SAFETY INFORMATION

Do not take VYVGART if you are allergic to efgartigimod alfa or any of the ingredients in VYVGART. Do not take VYVGART HYTRULO if you are allergic to efgartigimod alfa, hyaluronidase, or any of the ingredients in VYVGART HYTRULO. VYVGART or VYVGART HYTRULO can cause serious allergic reactions and a decrease in blood pressure leading to fainting.

Before taking VYVGART or VYVGART HYTRULO, tell your healthcare provider about all of your medical conditions, including if you:

- have an infection or fever.
- have recently received or are scheduled to receive any vaccinations.
- have any history of allergic reactions.
- have kidney (renal) problems.
- are pregnant or plan to become pregnant. It is not known whether VYVGART or VYVGART HYTRULO will harm your unborn baby.
 - Pregnancy Exposure Registry. There is a pregnancy exposure registry for women who use VYVGART or VYVGART HYTRULO during pregnancy. The purpose of this registry is to collect information about your health and your baby. Your healthcare provider can enroll you in this registry. You may also enroll yourself or get more information about the registry by calling 1-855-272-6524 or going to VYVGARTPregnancy.com
- are breastfeeding or plan to breastfeed. It is not known if VYVGART or VYVGART HYTRULO passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

VYVGART or VYVGART HYTRULO can cause side effects which can be serious, including:

- **Infection.** VYVGART or VYVGART HYTRULO may increase the risk of infection. If you have an active infection, your healthcare provider should delay your treatment with VYVGART or VYVGART HYTRULO until your infection is gone. Tell your healthcare provider right away if you get any of the following signs and symptoms of an infection:
 - fever
 - chills
 - frequent and painful urination
 - cough
 - pain and blockage of nasal passages
 - wheezing
 - shortness of breath
 - sore throat
 - excess phlegm
 - nasal discharge
- **Allergic reactions (hypersensitivity reactions).** VYVGART or VYVGART HYTRULO can cause allergic reactions that can be severe. These reactions can happen during, shortly after, or weeks after your VYVGART infusion or VYVGART HYTRULO injection. Tell your healthcare provider or get emergency help right away if you have any of the following symptoms of an

allergic reaction with VYVGART or VYVGART HYTRULO:

- rash
- swelling of the face, lips, throat, or tongue
- shortness of breath
- trouble breathing
- low blood pressure
- fainting

An additional symptom of an allergic reaction with VYVGART HYTRULO can include hives.

- **Infusion or injection-related reactions.** VYVGART can cause infusion-related reactions. VYVGART HYTRULO can cause infusion or injection-related reactions. These reactions can happen during or shortly after your VYVGART infusion or VYVGART HYTRULO injection. Tell your healthcare provider if you have any of the following symptoms of an infusion or injection-related reaction:

- high blood pressure
- chills
- shivering
- chest, stomach, or back pain

The most common side effects of VYVGART or VYVGART HYTRULO include respiratory tract infection, headache, and urinary tract infection. An additional common side effect with VYVGART HYTRULO includes injection site reactions.

These are not all the possible side effects of VYVGART or VYVGART HYTRULO. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

What is VYVGART® (efgartigimod alfa-fcab) for intravenous (IV) infusion and what is VYVGART HYTRULO® (efgartigimod alfa and hyaluronidase-qvfc) for subcutaneous injection?

VYVGART and VYVGART HYTRULO are both prescription medicines used to treat adults with generalized myasthenia gravis (gMG) who are anti-acetylcholine receptor (AChR) antibody positive.

It is not known if VYVGART or VYVGART HYTRULO is safe and effective in children.

Please see full [Prescribing and Patient Information for VYVGART HYTRULO for subcutaneous injection](#) and full [Prescribing Information for VYVGART for IV infusion](#).

Dosage forms and strengths:

VYVGART Hytrulo is available as a single-dose subcutaneous injection containing: 200 mg/mL of efgartigimod alfa and 2,000 U/mL of hyaluronidase per prefilled syringe, or 180 mg/mL of efgartigimod alfa and 2,000 U/mL of hyaluronidase per vial. VYVGART is available as a single-dose injection for intravenous use containing 400 mg/20 mL of efgartigimod alfa-fcab per vial.

*Griselda and Katie are paid spokespeople of argenx.

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